

<u>Venue</u>	<u>Day</u>	<u>Time</u>	<u>Autumn Term</u>	<u>Spring Term</u>	<u>Summer Term</u>
Main Lessons Programme			2009	2010	2010
George Watson's College	Mon/Fri/Sat	16:00-18:00 / 08:45-11:45	7 / 4 / 5 Sept -14/ 18 / 19 Dec	11 / 8 / 9 Jan - 29 / 26 / 27 Mar	26 /23 / 24 Apr - 21 / 18 / 19 Jun
Currie High School	Weds/Sun	16:15 - 18:15 / 10:00 - 12:00	2 / 6 Sept - 2 / 6 Dec	13 / 17 Jan - 31 / 28 March	21 / 25 April - 23 / 27 June
Merchiston Castle School	Sun	10:00 -12:40	6 Sept - 6 Dec	10 Jan - 21 Mar	n/a
St. Leonards	Sun	10:15 - 13:00	n/a	n/a	25 Apr - 4 Jul
Royal Blind School	Sat	10:00 - 12:40	5 Sept - 12 Dec	9 Jan - 27 Mar	24 Apr - 26 Jun
Royal High School	Tues/Thur	16:00-18:00 / 16:15-17:45	1 / 3 Sept - 8 / 10 Dec	n/a	n/a
Craigroyston Community High	Mon/Wed/Sat	16:00 -18:00 /09:00 -13:00	26 Sept - 19 Dec	11/13/9 Jan - 29/31/27 Mar	26/21/24 Apr - 28/30/26 Jun

Main Programme designed for children 4 years and older. Classes run every 40 minutes from schedule start time.

1:1 and 1:2 Programme

James Gillespie's HS*	Weds	16:00 - 17:00	2 Sept - 16 Dec	6 Jan - 31 Mar	21 Apr - 30 June
Merchiston Castle School	Sun	13:00 - 14:00	6 Sept - 6 Dec	10 Jan - 21 Mar	25 Apr - 27 Jun
St. Leonards	Sun	13:30-15:00	n/a	n/a	25 Apr - 4 Jul
Royal High School	Tues/Thurs	16:00-18:00 / 16:00-17:30	n/a	12 /7 Jan - 30/ 25 Mar	20 / 22 Apr - 29 / 24 Jun
Royal Blind School	Sat	12:45 - 13:15	5 Sept - 12 Dec	9 Jan - 27 Mar	24 Apr - 26 Jun

Programme designed for children 4 years and older or adults. Classes run every 30 minutes from schedule start time. (*Classes being held at Merchiston Castle School while JGHS pool under repair)

SwimFast Programme

			2009	2010	2010
Braidburn School	Tues*	18:30-19:30	1 Sept - 8 Dec	12 Jan - 30 Mar	20 Apr - 29 Jun
Craigroyston Community High	Mon/Weds	18:00 - 19:00	23 Sept - 16 Dec	11/13 Jan - 29/31 Mar	Weds 21 Apr - 30 June
George Watsons College	Sat	11:45 - 13:00	5 Sept - 12 Dec	9 Jan - 27 Mar	24 Apr - 19 Jun
Merchiston Castle School	Sun	08:30 - 09:30	6 Sept - 6 Dec	10 Jan - 21 Mar	25 Apr - 27 Jun
Royal Blind School	Mon/Thurs*/Sat	18:15-19:15 / 09:00-10:00	7 / 3 / 5 Sept - 14 / 10 / 12 Dec	11 / 14 / 9 Jan - 29 Mar/ 1 Apr / 27 Mar	19 / 22 / 24 Apr - 21 / 24 / 26 Jun
Royal High School	Tues	18:00 - 19:00	1 Sept - 8 Dec	12 Jan - 30 Mar	20 Apr - 29 Jun

SwimFast advanced lessons designed to prepare children for progression to a club in your local area. Classes run for 1 hour from scheduled start time. (* Second Session Only)

SwimFit Programme

			2009	2010	2010
Royal Blind School	Mon	19:15 - 20:15	7 Sept - 14 Dec	11 Jan - 29 Mar	19 Apr - 21 Jun

(SwimFit advanced lessons for children and adults, designed to maintain and promote fitness. Classes run for 1 hour from scheduled start time.)

SwimTots / SwimBabies Programme

			2009	2010	2010
Braidburn School (Tots)	Sun	09:30 - 12:30	6 Sept - 29 Nov	10 Jan - 28 Mar	25 Apr - 27 Jun
Forrester High School (Tots)	Sat	09:15 - 12:45	n/a	n/a	24 Apr - 3 Jul
Merchiston Castle School (Tots)	Sun	10:00 - 12:00	n/a	n/a	25 Apr - 27 Jun
Oaklands School (Tots & Babies)	Sat	09:30 - 12:30	12 Sept - 28 Nov	9 Jan - 27 Mar	24 Apr - 26 Jun

(SwimTots pre-main programme designed for 2 & 3 year old toddlers. SwimBabies for 3 month - 24 month old infants. Classes run every half hour from scheduled start time)

Holiday Rapid Track Programme

2010 Spring Half-Term

2010 (Easter Break)

2010 (Summer Break)

			2010 Spring Half-Term	2010 (Easter Break)	2010 (Summer Break)
Merchiston Castle School	Mon to Fri	09:30- 11:30/09:00 - 11:00	15-19 Feb	Commencing 6th and 12th April	Weeks commencing 5/12/19 July
Craigroyston	Mon to Fri	09:30 - 11:30		Week commencing 12 April	Weeks commencing 26/7 and 2&9/8
Royal Blind School	Mon to Fri	09:30 - 11:30			Weeks commencing 26/7 and 2&9/8