

| <u>Venue</u>                | <u>Day</u>  | <u>Time</u>                   | <u>Autumn Term</u><br>2009      | <u>Spring Term</u><br>2010        | <u>Summer Term</u><br>2010         |
|-----------------------------|-------------|-------------------------------|---------------------------------|-----------------------------------|------------------------------------|
| George Watson's College     | Mon/Fri/Sat | 16:00-18:00 / 08:45-11:45     | 7 / 4 / 5 Sept -14/ 18 / 19 Dec | 11 / 8 / 9 Jan - 29 / 26 / 27 Mar | 26 /23 / 24 Apr - 21 / 18 / 19 Jun |
| Currie High School          | Weds/Sun    | 16:15 - 18:15 / 10:00 - 12:00 | 2 / 6 Sept - 2 / 6 Dec          | 13 / 17 Jan - 31 / 28 March       | 21 / 25 April - 23 / 27 June       |
| Merchiston Castle School    | Sun         | 10:00 -12:40                  | 6 Sept - 6 Dec                  | 10 Jan - 21 Mar                   | n/a                                |
| Edinburgh University        | Sun         | 10:15 - 13:00                 | n/a                             | n/a                               | 25 Apr - 4 Jul                     |
| Royal Blind School          | Sat         | 10:00 - 12:40                 | 5 Sept - 12 Dec                 | 9 Jan - 27 Mar                    | 24 Apr - 26 Jun                    |
| Royal High School           | Tues/Thur   | 16:00-18:00 / 16:15-17:45     | 1 / 3 Sept - 8 / 10 Dec         | n/a                               | n/a                                |
| Craigroyston Community High | Mon/Wed/Sat | 16:00 -18:00 /09:00 -13:00    | 26 Sept - 19 Dec                | 11/13/9 Jan - 29/31/27 Mar        | 26/21/24 Apr - 28/30/26 Jun        |

Main Programme designed for children 4 years and older. Classes run every 40 minutes from schedule start time.

### **1:1 and 1:2 Programme**

|                          |            |                           |                 |                        |                           |
|--------------------------|------------|---------------------------|-----------------|------------------------|---------------------------|
| James Gillespie's HS     | Weds       | 16:00 - 17:00             | 2 Sept - 16 Dec | 6 Jan - 31 Mar         | 21 Apr - 30 June          |
| Merchiston Castle School | Sun        | 13:00 - 14:00             | 6 Sept - 6 Dec  | 10 Jan - 21 Mar        | 25 Apr - 27 Jun           |
| Edinburgh University     | Sun        | 13:30-15:00               | n/a             | n/a                    | 25 Apr - 4 Jul            |
| Royal High School        | Tues/Thurs | 16:00-18:00 / 16:00-17:30 | n/a             | 12 /7 Jan - 30/ 25 Mar | 20 / 22 Apr - 29 / 24 Jun |
| Royal Blind School       | Sat        | 12:45 - 13:15             | 5 Sept - 12 Dec | 9 Jan - 27 Mar         | 24 Apr - 26 Jun           |

Programme designed for children 4 years and older or adults. Classes run every 30 minutes from schedule start time.

### **SwimFast Programme**

|                             |                |                           | 2009                              | 2010                                     | 2010                                |
|-----------------------------|----------------|---------------------------|-----------------------------------|--|-------------------------------------|
| Braidburn School            | Tues*          | 18:30-19:30               | 1 Sept - 8 Dec                    | 12 Jan - 30 Mar                          | 20 Apr - 29 Jun                     |
| Craigroyston Community High | Mon/Weds       | 18:00 - 19:00             | 23 Sept - 16 Dec                  | 11/13 Jan - 29/31 Mar                    | Weds 21 Apr - 30 June               |
| George Watsons College      | Sat            | 11:45 - 13:00             | 5 Sept - 12 Dec                   | 9 Jan - 27 Mar                           | 24 Apr - 19 Jun                     |
| Merchiston Castle School    | Sun            | 08:30 - 09:30             | 6 Sept - 6 Dec                    | 10 Jan - 21 Mar                          | 25 Apr - 27 Jun                     |
| Royal Blind School          | Mon/Thurs*/Sat | 18:15-19:15 / 09:00-10:00 | 7 / 3 / 5 Sept - 14 / 10 / 12 Dec | 11 / 14 / 9 Jan - 29 Mar/ 1 Apr / 27 Mar | 19 / 22 / 24 Apr - 21 / 24 / 26 Jun |
| Royal High School           | Tues           | 18:00 - 19:00             | 1 Sept - 8 Dec                    | 12 Jan - 30 Mar                          | 20 Apr - 29 Jun                     |

SwimFast advanced lessons designed to prepare children for progression to a club in your local area. Classes run for 1 hour from scheduled start time. (\* Second Session Only)

### **SwimFit Programme**

|                    |     |               | 2009            | 2010            | 2010            |
|--------------------|-----|---------------|-----------------|-----------------|-----------------|
| Royal Blind School | Mon | 19:15 - 20:15 | 7 Sept - 14 Dec | 11 Jan - 29 Mar | 19 Apr - 21 Jun |

(SwimFit advanced lessons for children and adults, designed to maintain and promote fitness. Classes run for 1 hour from scheduled start time.)

### **SwimTots / SwimBabies Programme**

|                                 |     |               | 2009             | 2010            | 2010            |
|---------------------------------|-----|---------------|------------------|-----------------|-----------------|
| Braidburn School (Tots)         | Sun | 09:30 - 12:30 | 6 Sept - 29 Nov  | 10 Jan - 28 Mar | 25 Apr - 27 Jun |
| Forrester High School (Tots)    | Sat | 09:15 - 12:45 | n/a              | n/a             | 24 Apr - 3 Jul  |
| Merchiston Castle School (Tots) | Sun | 10:00 - 14:00 | n/a              | n/a             | 25 Apr - 27 Jun |
| Oaklands School (Tots & Babies) | Sat | 09:30 - 12:30 | 12 Sept - 28 Nov | 9 Jan - 27 Mar  | 24 Apr - 26 Jun |

(SwimTots pre-main programme designed for 2 & 3 year old toddlers. SwimBabies for 3 month - 24 month old infants. Classes run every half hour from scheduled start time)



**Holiday Rapid Track Programme****2010 Spring Half-Term****2010 (Easter Break)****2010 (Summer Break)**

|                          |            |                            |           |                               |                                 |
|--------------------------|------------|----------------------------|-----------|-------------------------------|---------------------------------|
| Merchiston Castle School | Mon to Fri | 09:30- 11:30/09:00 - 11:00 | 15-19 Feb | Commencing 6th and 12th April | Weeks commencing 5/12/19 July   |
| Craigroyston             | Mon to Fri | 09:30 - 11:30              |           | Week commencing 12 April      | Weeks commencing 26/7 and 2&9/8 |
| Royal Blind School       | Mon to Fri | 09:30 - 11:30              |           |                               | Weeks commencing 26/7 and 2&9/8 |